

## Resource Guide for Santa Barbara County

This resource list is a starting guide, tailored specifically for our street friends. It is not meant to provide an exhaustive list to every resource available and the list is open to suggestions and revisions. Common Ground Santa Barbara does not endorse any particular service, residential, outpatient program or sober living facility. This list is provided for information only. You can also call the 211 Helpline – dial 211 from a phone for referrals to services throughout Santa Barbara County.

### Immediate Goals

#### Emergency/Shelters

Note: It is illegal to sleep or camp outdoors or in your vehicle in Santa Barbara except in designated campsites or with permission on private property.

##### Bridge House Emergency Shelter

- Emergency shelter. Referrals for financial, medical, and other services.
- 56 beds, emergency food
- managed by Good Samaritan Shelter

2025 Sweeney Road, Lompoc, 93436  
Phone: 805-735-4390

##### Casa Esperanza Homeless Center

- Sobriety-based transitional shelter program. Must be clean and sober.

816 Cacique St, SB, 93103  
Phone: 805-979-8711

##### City of Hope Shelter

Shelter in Lompoc. Please call at 6 pm for bed availability and to review program requirements.

- Hot meal, lunch, and continental breakfast for provided.

Phone: 805-736-9826

##### Domestic Violence Solutions

- Confidential emergency shelters for up to 45 days
- Men, women & children
- Survivors of domestic violence

24 hr hotline/phone:

- Lompoc: 805- 736-0965
- Santa Barbara: 805-964-5245
- Santa Maria: 805-925-2160

##### Good Samaritan Emergency Shelter

- 90 day facility providing shelter to men, women, and children.
- Dinner and continental breakfast
- After school tutoring for children
- Showers and laundry room use

401 W Morrison Ave., SM, CA, 93458  
Phone: 805-347-3338 ext.101

##### New Beginnings Safe Parking Program

- Safe place to park your vehicle and sleep overnight legally.
- Must have current license, registration & insurance.

324 E Carrillo St, C, SB, 93101  
Phone: 805-845-8492

##### Noah's Anchorage Youth Crisis Shelter

- Temporary shelter for youths
- Ages 10-17

301 W. Figueroa St, SB, 93101  
Phone: 805-963-8775, 805-963-7777, 805-637-6242

##### Santa Barbara Rescue Mission

- Overnight stay
- Showers
- Breakfast & Dinner
- Chapel 7pm (optional)
- Note: showers, dinner and breakfast available even if not staying overnight

Check In:

Women : Mon-Sat 4pm (showers open 3:30pm). Sun 3pm.

Men: Mon-Sat: 6:15pm. Sun: 5:15pm  
535 E Yanonali St, SB, 93103  
Phone: 805-966-1316

##### Transition House Family Shelter

- Emergency shelter and homelessness prevention for families.
- Shelter admittance based on bed availability. Call M-F 9am-5pm.

425 E Cota St, SB, 93101  
Phone: 805-966-9668

### Food

#### Breakfast

##### Pershing Park

Sun 9am -100 Castillo St, SB, 93101

##### The Salvation Army Hospitality House

- Sun-Sat 7- 9am
- Burritos served until out

423 Chapala St, SB, 93101  
Phone: 805-962-6281 x 108

##### Santa Barbara Rescue Mission

Daily at 6:00am  
535 E Yanonali St, SB, 93103  
Phone: 805-966-1316

### Lunch

##### Fellowship Club (Mental Wellness Center)

- Lunch Mon - Fri 12- 12:30pm
- Members only/mental health referral signed by doctor needed

617 Garden St, SB, 93101  
Phone: 805-884-8440

##### Light and Life Goleta

- Sun 12:15 pm

People's Park, IV, CA 93117  
e-mail: ligoleta@gmail.com

### Dinner

##### St. Brigid Fellowship Isla Vista/Goleta

- Dinner on Mon nights from 5-6pm at St. Michaels Episcopal Church
- Every other Mon Doctors Without Walls-SB Street Medicine provides free medical care

6586 Picasso Road Isla Vista, 93117  
Phone: 805-685-5400

##### Alameda Park

- Wed 5:30pm
- Thurs at 6pm
- Doctors Without Walls- SB Street Medicine provides free medical care.
- Social services and referrals.

1400 Santa Barbara St, SB, 93101  
Phone: 805-564-5418

##### Pershing Park

- Wed 5:30pm.
- Doctors Without Walls- SB Street Medicine provides free medical care.
- Social services and referrals.

100 Castillo St, SB, 93101

##### The Salvation Army Hospitality House

Sun 6-6:40pm  
423 Chapala St, SB, 93101  
Phone: 805-962-6281 x 108

##### Santa Barbara Rescue Mission

- Mon -Sat at 6:15pm
- Sun at 5:15 pm
- Showers, dinner and breakfast available even if not staying overnight.

535 E Yanonali St, SB,93103  
Phone: 805-966-1316

## Bulk Food/Groceries

### Catholic Charities Bulk Food Distribution:

- 1 bag of food 4th wk of the month
- Mon of 4th week: 12- 4:30pm
- Tues through Fri of 4th week: 8:30am-4:30 pm
- Catholic Charities offers other services for families and individuals with addresses and identification.

609 E. Haley St, SB, 93103  
Phone: 805 965-7045

### Catholic Charities in Isla Vista

Thurs 3:30 – 4:30 pm  
6550 Picasso Rd., IV, 93117  
Phone: 805-965-7045

### Food Bank Mobile Food Pantry and Mobile Farmers Market

- Provides produce/non-perishable goods
- A map is available at [www.foodbanksbc.org/howtogetfood.html](http://www.foodbanksbc.org/howtogetfood.html) lists all of the emergency food programs in south SB County as well as address, hours of operation and contact info.

### Food For Angels, Isla Vista

- The 1st. and 3<sup>rd</sup> Mon of each month, 4-6pm
- Distribution at the parking lot of SB Hillel in IV.

781 Embarcadero Del Mar, IV, 93117  
Phone: 805-588-2681

### Unity Shoppe

- Free Food Store
- Once a year
- Requires referral from approved agency\* & ID

1219 State St, SB, 93101  
Phone: 805-965-4122

**Food Stamps (CalFresh in CA):** If you are homeless you can get CalFresh even if you do not have an address/place to cook meals.

- Apply in person, mail, phone, or online at [www.mycalfresh.org](http://www.mycalfresh.org)
- Need photo Identification and a social security number. To find out if you qualify call: 1-877-847-3663.

### Foodbank Santa Barbara, Outreach

Assists with CalFresh applicatons.  
Manager. Amy Lopez  
Phone: 805-314-6823

## Special Food Events

Organizations do special food events around the holidays. The Organic Soup Kitchen (OSK) traditionally holds Thanksgiving and Christmas feasts at the Veteran's Memorial Building. For OSK events:  
[www.organic\\_soup\\_kitchen.org](http://www.organic_soup_kitchen.org)

## Clothes

**Catholic Charities:** Voucher once every two months to shop in their thrift store\*  
609 East Haley St, SB, 93103  
Phone: 805-965-7045

### Fellowship Club

- Clothes (members only)

617 Garden St, SB, 93101  
Phone: 805-884-1010

## General Relief

- Offers short-term assistance to adults without children who need assistance with meeting basic shelter and personal needs.
- Bring ID, SS#, and proof of income or disability.

Apply at:

### SB Social Services

234 Camino Del Remedio, SB, 93110  
Phone: 805-681-4401

### SM Social Services

2125 S. Centerpointe Pkwy, SM, 93455  
805-346-7135

### Lompoc Social Services

1100 W. Laurel Ave, Lompoc, 93436  
805-737-7080

## Laundry (Free)

### Laundry Love Santa Barbara

- Offers free wash and dry and laundry soap; 2 loads per person including sleeping bags & blankets, etc. Info./volunteer [worthstreetreach@gmail.com](mailto:worthstreetreach@gmail.com)  
[www.worthstreetreach.org](http://www.worthstreetreach.org)

### Loads of Love

310 N. Milpas St., SB  
Every 3rd Sun of the month  
1- 3pm

- Mac's Coin Laundry  
35 E. Haley St, SB  
Last Tues of the month  
5-7pm Last load in by 6pm  
[www.laundrylovesb@gmail.com](mailto:www.laundrylovesb@gmail.com)

## Women's Free Homeless Clinic

Sponsored by the Doctors Without Walls SB Street Medicine. Offers laundry service & clothes at Transition House- 2nd, 3rd & 4th Fri of each Month.

## Showers

### Cabrillo Bathhouse

- Mon - Fri 8am-5pm.
- Showers: \$4/day; 10 visits \$34; Unlimited month pass \$52; senior discounts
- Lockers: Stall: \$33 month; Small: \$17 month

1118 E Cabrillo Blvd, SB, 93103  
Phone: 805 - 897-2680

### Casa Esperanza Homeless Center

- Must be Casa Resident

816 Cacique St, SB, 93103  
Phone: 805-884-8481

### The Salvation Army Hospitality House

Sun- Sat 7- 9:00am  
423 Chapala St, SB, 93101  
Phone: 805-962-6281 x 108

### Santa Barbara Rescue Mission

- Mon - Sat 3:30pm Women; 6:15pm Men
- Sun 3pm Women; 5:15pm Men

535 E Yanonali St, SB, 93103  
Phone: 805-966-1316

## Short Term & Long Term Goals

## Birth Certificates

### California

- In person: Hall of Records; 1100 Anacapa St, SB, 93101
- Online, which is recommended: [www.vitalchek.com/birth-certificates/california/santa-barbara-county-clerk-recorder](http://www.vitalchek.com/birth-certificates/california/santa-barbara-county-clerk-recorder)
- Must submit a Sworn Statement and notarized Certificate of Identity before the order will be processed, cost \$21

**Out of State:** Go to the birth State's website. Most offer the use of VitalChek services, you can avoid the VitalChek fees by applying directly to the state's Vital Records department (usually part of Department of Health & Human Services). If you have no picture ID, another person can vouch for your identity in some states.

## California Identification

Department of Motor Vehicles. If you have had a CA I.D. in the last few years you can get a new one with a thumbprint as proof of identification. If not, you will have to bring your birth certificate.

535 Castillo St, SB  
Phone: 800-777-0133

Note: Catholic Charities provides a voucher to pay for all or part of the cost if you are homeless. Bring a letter from an agency certifying that you are homeless.

## Education

### SB City College (SBCC)

721 Cliff Dr., SB, 93109  
Phone: 805-965-0581 | [www.sbcc.cc.ca.us](http://www.sbcc.cc.ca.us)

### SB City College CalWORKs Department

If you receive CalWORKs/TANF and are (or would like to be) enrolled at SBCC you are eligible. Must receive cash aid assistance for yourself, not just your children. The college provides education, employment training, support services and work study opportunities to increase wage earning power and lead to self-sufficiency.

721 Cliff Dr., SB, 93109, ECC-20  
Phone: 805-965-0581 Ext. 4753

### Student Support Services/STEP at SBCC

Education and career advising.  
Maria Lopez Manzo, Program Advisor  
Phone: 805-898-8121

### The Schott Center

310 W. Padre, SB, 93105  
Phone: 805-687-0812

### The Wake Center

300 N. Turnpike, SB, 93111  
Phone: 805-964-6853

## Employment & Community Service Work

### CalWorks

Assists welfare recipients to obtain or prepare for employment.

234 Camino Del Remedio, SB, 93110  
Phone: 805-681-4401

### Department of Rehabilitation

Vocational rehabilitation services to individuals with disabilities.

Phone: 805-560-8130  
509 E. Montecito St. #101, SB, 93103

### Employment Development Department

Unemployment/unemployment insurance eligibility information.

Phone: 805-568-1280  
130 E. Ortega St., SB, 93101

### Work Force Resource Center

Job search, résumé help, education, training & labor market info, Resource Rm.

130 East Ortega St, SB, 93101  
Phone: 805-568-1296

### Labor Ready

Dispatches temporary associates to jobs in construction, manufacturing, hospitality, events, restoration, auto services, logistics & warehousing, retail support, waste and recycling & more.

Phone: 805-963-5370  
123 E. Carrillo St, SB

### Worth Street Reach

Project based in Santa Barbara for community service hours or stipend.

Phone: 805-366-3117  
Email: [worthstreetreach@gmail.com](mailto:worthstreetreach@gmail.com)

## Housing Support

Once a street friend is housed they will likely still need support to maintain their housing. Many of the resources in this guide will apply to people who have been recently homeless but are now housed. This section contains some additional resources.

### Adult Protective Services (APS)

Each county has an APS agency to help elder adults (65 years +) and dependent adults (18-64 who are disabled), when adults are unable to meet their own needs, or are victims of abuse, neglect or exploitation.

County APS investigates reports of abuse of elders and dependent adults who live in private home, hotels, hospitals and health clinics when the abuser is not at staff member. (The Licensing & Certification program of the CA Department of Health Services handles cases of abuse by a member of a hospital or health clinic.)

County APS staff evaluates abuse cases and arranges for services such as advocacy, counseling, money management, out-of-home placement, or conservatorship.

Department of Social Services  
234 Camino Del Remedio, SB, 93110  
Phone: 805-681-4666 24 Hour Abuse  
Hotline: 805-681-4550

### In-Home Supportive Services (IHSS)

Pays for services so that a person can remain safely in your own home. You must be over 65, or disabled, or blind. Disabled children are also eligible for IHSS. IHSS is an alternative to out-of-home care, such as nursing homes or board and care facilities.

Phone: 805-614-1256  
Toll Free Number: 866-313-1353  
IHSS Phone Numbers  
Santa Barbara 805-681-4615

### PathPoint

Offers two programs for mental health support:

- Paths to Recovery: case management, psychiatric support & nursing, help with housing and learning skills such as budgeting and living independently as well as managing symptoms and stresses of daily living. Referral by SB County ADMHS.

- Residential Support Services:

Provided on-site by PathPoint at three housing-authority managed properties. Provides support with accessing resources, learning social skills, and working on symptoms, behaviors and the consequences of substance abuse to help maintain successful independent housing. Write to: 402 E Carrillo St, Ste B, SB, 93101  
Phone: 805-963-1086

## Legal & Advocacy

Tickets related to homelessness can be dismissed with the completion of 10 hours of volunteer service using a form (form available at the Homeless Education and Legal Project). Restorative Court is available to street friends with tickets who are referred to the Court by specific City and County Departments. Street friends with tickets can contact a private attorney, non-profit, advocacy group or the Public Defender.

### Bankruptcy Clinic

Clerk's Office Bankruptcy Court.  
Weekly on Fri: 10am-12pm  
1415 State St, SB, 93101

### Consumer Advocacy Coalition

A grassroots mental health consumer led organization. Their mission: 1. Reform mental health services. 2. Provide services and activities that empower individuals with mental illness. 3. Keep the community informed and educated about mental illness. Contact Darla Kaiser for more info.  
Phone: 805-284-6898

## (Legal & Advocacy Continued)

### California Rural Legal Assistance

- Walk-in hours Mon-Thurs 1pm-5pm.
- Practice covers housing labor & employment, education and public benefits for eligible clients.

22 N Milpas St, Suite F  
Suite 101, SB, CA 93103  
Phone: 963-5981

### Families ACT!

Advocacy group for dually diagnosed people and their families.  
Phone: 805-637-1330

### Homeless Education and Legal Project (Legal Aid Foundation of SB County)

Help with tickets & referrals  
Clinic: Mon & Tues 10am Common Ground Office (131 E. Canon Anapamu, SB)  
Thurs 10:30am at Casa Esperanza (816 Cacique St, SB)  
Thurs 2 pm at Salvation Army (sober space) 423 Chapala St, SB. Or by appointment.  
Phone: 805-963-6754 ex 113

### Family Law Facilitator

Signup starting at 8am. Procedural direction in the following types of cases:

- Department of Child Support Services
- Child support cases
- Dissolution (divorce), legal separation, nullity (annulment) and paternity cases:
  - Child support issues
  - Spousal support issues
  - Child custody & visitation issues (limited assistance available)
  - Initiating or finalizing a case (limited assistance available)

1100 Anacapa St, SB, 93101  
Phone: 805-882-4660

### Jail Discharge Planning

Tona Wakefield  
Email: tonabringsbcobhome@cox.net

### Legal Aid Foundation of SB County

301 E. Canon Perdido St, SB, 93101  
Phone: 805-963-6754

### Legal Resource Center

Help with legal forms including small claims actions, restraining orders and landlord tenant law

SB County Superior Court, McMahon Law Library, 2nd Floor  
1100 Anacapa St, SB, 93101  
Phone: 805-568-3303

Mon: 1-4pm, Tues: 9am-12pm 1-4pm, Wed: 9-11:30am 1:30-4pm, Thurs: 9am-12pm 1-4pm

### Law Offices of Natasha Chamberlin

Disability Law  
735 State St, Suite 512, SB, 93101  
Phone: 805-618-1600

### Law Offices of Lisa Gilinger

Disability Law  
635 N. Alisos St, SB, 93103  
Phone: 805-568-5370

### National Alliance on Mental Illness - Southern Santa Barbara County (NAMI)

Free meetings and advocate services take place on the 4th Thurs of each month at 6 pm, 1st floor, Mental Wellness Center, 617 Garden St, SB.

### Independent Living Resource Center

Consumer-based non-profit of, by and for persons with disabilities  
423 W. Victoria St, SB, 93101  
Phone: 805-963-0595

### Parole Operations

1555 W. 5th St., Oxnard, 93030  
Phone: 805-382-8151

### Project Outreach (SB & Goleta)

Volunteer lawyers provide "advice only" outreach at community centers, & offer pro bono representation in certain types of cases. Clients are seen on a "first-come, first served" basis, so arrive before 4pm to sign up. Doors close at promptly at 4pm. Please call the community center ahead of time to ensure an attorney will be present. The current hours of operation and locations are:

Franklin Neighborhood Center  
Tues, 4-6pm  
1136 E. Montecito St, SB  
Phone: 805-897-2582

Goleta Valley Community Center  
Wednesday, 4-6pm  
5679 Hollister Ave, Goleta,  
Phone: 805-967-1237

Westside Community Center  
Thurs, 4-6pm:  
423 W. Victoria St, SB  
Phone: 805-897-2560

### Public Defender, Santa Barbara Office

1100 Anacapa St, SB, 93101  
Phone: 805-568-3470

### Rental Housing Mediation Task Force

735 Anacapa St, SB, 93101  
Phone: 805-564-5420

### Restorative Policing

Officer Hove 805-331-6641  
Officer Burleigh 805-805-331-6453

### Santa Barbara County Probation Department

117 E. Carrillo St., SB, 93101  
Phone: 805-882-3753

### Santa Barbara County Bar Association Lawyer Referral Service

15 W. Carrillo St, 106, SB, 93101  
Phone: 805-569-9400

## Medical Care, Dental Care, Detox, Eyeglasses & Prescriptions (No or Low Cost)

### SB Cottage Hospital Emergency Room

- For emergencies only
- 911 for medical crisis, or behavior that is a danger to self or others

320 W. Pueblo St, SB, 93101  
Phone: 877- 247-3260

### American Indian Health and Services

Serves people of all ethnicities. Behavioral health counseling, community health, family practice, internal medicine, pediatrics, podiatry, substance abuse counseling  
Clinic: Mon-Thurs 8am-6pm, Fri 8am-5pm  
4141 State St. A-3, SB, 93110  
Phone: 805-681-7144

### Another Road Detox Center

Support and guidance for those going through withdrawals in a residential environment.  
604 West Ocean Ave, Lompoc, 93436  
Phone: 805-736-0357



(Medical Care, Dental Care, Detox  
Eyeglasses, & Prescription Continued)

### Community Health Centers

• Lompoc Clinic- 425 W Central Ave, Ste 201.  
(805) 737-1169

Dental services- (805) 735-2846

• Santa Maria Mobile Health Unit

- Immediate care & health screenings
- Salvation Army (200 W Cook St, SM, 93458) Mon 11 am- 1:30 pm
- 200 W Williams St, SM, 93458, Wed 8:30am-1:30 pm

(805) 451-3898

communityhealthcenters.org

### Doctors Without Walls- SB Street Medicine

Free, volunteer medical care to the most vulnerable in SB County. 4 clinics serve the diverse medical needs of SB. Year round, rain or shine. Clinics:

• Isla Vista Clinic (6586 Picasso Road Isla Vista, CA 93117)-Every other Mon 5pm

• Pershing Park and Mobile Clinics- Every Wed 5:30pm.

• Alameda Park Clinic- Every Thurs 6pm.

• Women's Free Homeless Clinic at Transition House (434 E Ortega St) 2nd, 3rd and 4th Fri of each Month from 9:30am-2pm. Free medical care, showers, laundry, clothing & lunch. Free roundtrip transportation from Transit Station, SB Library & Casa Esperanza.

### Eastside Neighborhood Clinic

Clinic: Mon-Fri 8:45am-6pm, Sat 8:45am-12pm

915 N. Milpas St., SB, 93103

Phone: 805-963-1641

### Eastside Family Dental Clinic

Education, prevention, comprehensive & emergency treatments for oral health.

Clinic: M-F 7:45 am to 6:30 pm

923 N. Milpas St., SB, 93103

Phone: 805-884-1998

### Franklin Health Care Center

Appointments for infants, children, adults, seniors and women's health services

Clinic: Mon-Fri 8am-5pm

1136 E. Montecito St., SB, 93103

Phone: 805-568-2099

### Franklin Health Care Center @ Casa

#### Esperanza

Nurse Practitioner: Mon 8-11:30am; Wed 8-11:30am; Fri 8-11:30am

Public Health Nurse: Tues 8am-3pm; Must return Thurs 1-3pm

#### Casa Esperanza Medical Services\*

\*Varies. Parish Nursing: Mon 9am-3pm;

Tues 3-5pm; Wed 10:30am-2:30pm; Thurs

8-10am; Fri 9am-2pm; Fri 9am-2pm; Sat

9am-12pm; Dr. Erika: Mon 1-3pm; Tues 12-

2pm; Wed 1-3pm; Thurs 1-3pm; Sat 12-2pm

816 Cacique St, SB, 93103

Phone: 805-884-8481

#### Planned Parenthood

- Emergency contraception
- Pregnancy testing
- Sexually Transmitted Infection testing
- Urinary tract infection testing & treatment
- Birth control pickup (for patients with active prescriptions on file with this health center)

518 Garden St, SB, 93101

Phone: 888-898-3806 for walk in hours

### Franklin Health Care Center @ Rescue

#### Mission

Clinic: Tue & Thu 8am-12pm

535 E. Yanonali St, SB, 93103

**Medical Detox Cottage Hospital** (with insurance) Phone: 805-569-7253 (Intake)

#### Project Recovery Detox Program

Safe, alcohol-and drug-free environment for alcoholics and addicts who have the desire to become clean and sober. 14-day, social model residential detox. Proof of TB Test and a medical clearance form are required.

Phone: 805-963-1836

#### Santa Barbara Cottage Hospital

408-bed acute-care teaching hospital

Pueblo at Bath St, SB.

Phone: 805-682-7111

#### Santa Barbara Health Care Center

Clinic : M-F 8am-5pm

345 Camino Del Remedio, SB, 93110

Phone: 805-681-5488

#### Santa Maria Recovery Point Detox

Provides residential detoxification services in social model setting for up to 14 days.

Detoxification program for homeless

veterans is available for up to 90 days.

401 "B" W Morrison Ave, SM, 93454

Phone: (805) 347-3338 ext. 102

### Santa Maria Health Care Center

Primary care appointments for men, women, and children.

Clinic: Mon-Fri 8am-5pm

• Urgent Care: walk-in Mon-Fri 8am-4pm

• Saturday Walk-in Clinic:

- ages 5 and up
- Colds, coughs, & minor sprains

2115 S. Centerpointe Parkway

Phone: (805) 346-7230

### SM Health Care Center @ Good Samaritan

- Mon & Thurs 8am-11am
- Mon, Tues & Thurs 5pm-7pm
- Primary care, family planning, STD, CHDP, immunizations

401-C West Morrison Ave, SM, 93458

### Westside Neighborhood Clinic

Clinic: Mon-Tues 9am-6pm, Wed-Fri 9am-7pm, Sat 9am-12pm

628 W. Micheltorena St., SB, 93101

Phone: 805-963-1546

## Medical Insurance / Programs

### Covered California

You can apply for a Covered California health insurance plan online at

[www.CoveredCA.com](http://www.CoveredCA.com) or by calling (800)

300-1506. To apply have the following information available:

- Number of people being enrolled (include all birthdates)
- Social Security number for all
- Zip Code
- Legal Immigration information
- Info about status as member of federally recognized tribe.

### Healthcare for the Homeless Program

- Depending on income, you may qualify for reduced or no fee services.
- Patients will not be refused service based on ability to pay. Visit the Health Care for the Homeless website at [www.sbcphd.org/hch](http://www.sbcphd.org/hch) for details including Health Center locations, services and free transportation from downtown shelters.

## (Medical Insurance/Programs Continued)

### Medi-Cal

CA's Medicaid health care program. Pays for a variety of medical services for children and adults with limited income and resources.

- Apply regardless of sex, race, religion, color, national origin, sexual orientation, marital status, age, disability, or veteran status.
- If you are found (or determined) eligible, you can get Medi-Cal as long as you continue to meet the eligibility requirements.
- Apply at: Department of Social Services: 234 Camino Del Remedio, SB, 93110  
Phone: 805-681-4401
- Apply at: Casa Esperanza Walk-in Health Clinic- M-F- 8:30-11 816 Cacique St, SB, 93103  
Phone: 805-884-8481
- Apply at: Rescue Mission Walk-in Health Clinic- Tues, Thurs 8:30-11 535 E Yanonali St, SB, 93103  
Phone: 805-966-1316

### Benefits & Referral Center

- Mon-Fri 8 am- 5pm
- For information about eligibility and how to apply visit:  
[www.sbcphd.org](http://www.sbcphd.org)  
Phone: 681-5390

## Eyeglasses

Referrals made by SB County Public Health Nurses

### SB Vision Care Program

Free, comprehensive eye examination to those who have no other means of obtaining one. If glasses are needed, a certificate for free eye glasses is provided (courtesy of the SB Eyeglass Factory). Must reside in Goleta, SB, Summerland or Carpinteria, be classified as low income, and not have medical or vision insurance, or qualify for any federal or state funded insurance programs (Medicare, Medi-Cal, Healthy Families etc).  
Phone: 805-963-3303, [seeintl@seeintl.org](mailto:seeintl@seeintl.org)

## TB Test

Note: The test needs to be read 48 to 72 hours later by someone trained in reading skin tests.

### Casa Esperanza

Nurse: Mon 9-3; Tues 8-3; Wed 9-2;  
Thurs 1-4:30; Fri 9-2; Sat 9-12  
816 Cacique St, SB, 93103  
Phone: 805-884-8481

### Franklin Health Care Center @ Rescue Mission

Tue 8:30-10:30.  
535 E Yanonali St, SB, 93103  
Phone: 805-966-1316

### SB Neighborhood Health Clinics

Call for appointment or walk in & wait.

#### • Eastside Neighborhood Clinic

Mon-Fri: 8:45 am-6pm, 8:45am-12pm  
915 N. Milpas St., SB, 93103  
Phone: 805-963-1641

#### • Isla Vista Clinic

Mon: 8am-6pm;  
Tues / Wed / Thus:  
8am-7pm;  
Fri :8am-6pm; Sat 8:30am -12pm  
970 Embarcadero Del Mar  
Isla Vista, CA 93117  
Phone: 805-968-1511

#### • Westside Neighborhood Clinic

Clinic Hours: Mon-Tues 9am-6pm, Wed-Fri  
9am-7pm, Sat 8:30am-12pm  
628 W. Micheltorena St., SB, 93101  
Phone: 805-963-1546

## Mental Health Counseling

### Emergency Psychiatric/Crisis Assessment for Hospitalization.

Phone: 805-569-8339

### Adult Mental Health Services (ADMHS)

The Department is responsible for ensuring the provision of mental health services mandated by the State of California for children with serious emotional disturbance, adults with serious mental illness and all Medi-Cal beneficiaries with specialty mental health needs  
4444 Calle Real, SB, 93101  
Phone: 1-888-868-1649

### C.A.R.E.S. Clinic

Offers assessment/treatment for people with severe, persistent mental illness. CARES is part of the SB County Department of Alcohol, Drug and Mental Health Services. Call to schedule an assessment to see if you are eligible for services or see a CARES representative at Casa Esperanza for info. and referrals.

**24 Hr Toll-Free Access 1-888-868-1649**

### C.A.R.E.S Outreach

Crisis and recovery emergency services. Call for help with assessment and psychiatric referral. Michaelo Rosso-Balcazar, MIFTI.  
Phone: 805-884-6899

### C.A.R.E.S at Casa Esperanza

8 am-12pm Mon, Tues, Th & Fri. Wed 1-4pm  
816 Cacique St, SB, 93103  
Phone: 805-319-1767

### Community Counseling & Education Center

923 Olive St, Suite 1, SB, 93101  
Phone: 805-962-3363 [www.ccecsb.org](http://www.ccecsb.org)

### Cottage Hospital Emergency Psychiatric Services

Phone: 805-569-7210 [www.ccecsb.org](http://www.ccecsb.org)

### Domestic Violence Solutions

Survivors of domestic violence/anger management

24-Hour Crisis Line:

- Lompoc: 805- 736-0965
  - Santa Barbara: 805-964-5245
  - Santa Maria: 805-925-2160
- Phone: 805-963-4458

### Hospice of SB (Grief Counseling)

Phone: 805-563-8820

### Mental Wellness Center (formerly Mental Health Association)

Non-profit organization providing recovery, education, and family services to adults and families affected by mental illness.  
617 Garden St, SB, 93101  
Phone 805-884-8440

### New Beginnings Counseling Center

Various counseling options including Women's Group Tues 4-5pm.  
324 East Carrillo St, Suite C, SB  
Phone: 805-963-7777  
[www.newbeginningscounselingcenter.org](http://www.newbeginningscounselingcenter.org)

### Pacific Pride Foundation

Provides services to the HIV/AIDS and Lesbian, Gay, Bisexual and Transgender communities of SB County  
126 E. Haley St., A-11, SB, 93101  
Phone: 805-963-3636

- Rapid 20 Minute HIV and Hepatitis C Testing  
Hours: Tuesday: 11am-2pm,  
Wednesday 3-7pm, Thursday 2-5pm

## (Mental Health & Counseling Continued)

### **PathPoint**

Offers two programs for mental health support:

- Paths to Recovery
  - Residential Support Services
- See Page 3 for more information on programs and for contact information.

### **Rape Crisis Center**

Survivors of sexual assault:

- 511 E Ocean Ave, Lompoc, 93436  
24-Hour Crisis Line: 805-736-7273  
Phone: 805-736-8535
- 433 E. Canon Perdido, SB, 93101  
24-Hour Crisis Line: 805-564-3696  
Phone: 805-963-6832
- 301 S Miller #103, SM, 93454  
24-Hour Crisis Line: 805-928-3554  
Phone: 805-922-2994

### **Transitions Mental Health Association (RLC)**

Non-profit organization offering a Recovery Learning Center. The drop in center offers meals, peer run mental health services. 513 North G St, Lompoc, CA  
Phone: 805-819-0460 ext 153 or 152

### **Victim Witness (Victims of crimes)**

1112 SB St, SB, CA 93101  
Phone: 805-568-2400, 805-568-2453

## **Pregnant**

### **St. Vincents**

Provides transitional housing and services for single mothers with income at or below poverty level.  
4200 Calle Real, SB, 93110  
Phone: 805-683-6381

### **Recovery Way Home**

Provides residential services for 6 months for perinatal women & their children ages 0-5.  
604 W Ocean Ave, Lompoc, 93436  
Phone: 805-736-0357

### **Transitional Center for Women & Children**

Provides residential services for 6 months for perinatal women & their children ages 0-5.  
412 E Tunnel St, SM, 93454  
Phone: 805-925-0315

### **Villa Majella**

Maternity Home and Outreach Program  
5276 Hollister Ave # 456, SB, 93111  
Phone: 805-964-1650

## **Seniors**

### **Adult Protective Services**

234 Camino Del Remedio, SB, 93110  
Phone: 805-681-4666 24 Hour Abuse  
Hotline: 805-681-4550

### **Central Coast Area Agency on Aging**

Specialized information & referral services for senior services.  
Phone: 800-510-2020 or 805-928-2552 Mon through Fri 8AM-5PM

### **Cliff Drive Senior Luncheon**

1<sup>st</sup> and 3<sup>rd</sup> Thurs of each month, gather at the church – in upper fellowship room. Program 11am & lunch served at noon. Pastor Colleen Hurley-Bates, Pastor & Director of Adult and Spiritual Growth Ministries. Free Methodist Church of SB  
1435 Cliff Dr., SB, 93109  
Phone: 805-965-4286 x225

### **Davis Center, City Parks and Recreation**

Recreational Activities for Senior Citizens. Carrillo Recreation Center  
100 E. Carrillo St, SB, 93101  
Phone: 805-897-2519

### **Elderly & Palm Tree Apartments (Battistone Foundation)**

Affordable housing for low-income seniors.  
1325 Chapala St #19, SB, 93101  
Phone: 805-965-4541

### **Friendship Adult Day Center**

Day care for frail seniors and Alzheimer's individuals.

### **Housing Authority of the City of SB**

- Local public agency that provides affordable housing as well as supportive services to eligible persons with limited incomes. The Housing Authority owns and manages hundreds of units throughout the City and also offers rent subsidies to eligible households.
- Senior housing includes El Patio, Villa La Cumbre, Vista La Cumbre, SHIFCO and Presidio Springs.

808 Laguna St, SB, 93101  
Phone: 805-965-1071 [www.hacsb.org](http://www.hacsb.org)

### **Laguna Cottages for Seniors**

Affordable housing for Santa Barbara County seniors who have limited income and are able to live independently.  
803 Laguna St, SB, CA 93101  
Phone: 805-965-1179

### **Mobil Meals (Community Action Commission)**

Hot meals for homebound seniors.  
5638 Hollister Avenue, Suite 230. Goleta, CA 93117  
Phone: 805-964-8857

### **People's Self-help Housing Corporation**

Affordable housing throughout SB County  
• On-site community services  
Phone: 962-5152 [www.pshhc.org](http://www.pshhc.org)

### **SB Community Housing Corporation**

• Affordable housing projects throughout SB County including El Castillo Homes senior housing.  
11 E. Haley St, SB, 93111  
Phone: 805-963-9644

### **Senior Brown Bag Program**

Community Programs Coordinator  
Phone: 805-967-5741 ext. 102

### **Senior Center (Community Action Commission)**

Provides 60+ Individuals with nutritious meals, information, referrals, advocacy, consumer education adaptive exercise programs, health clinics and tax information. **To enroll in the program or to learn more, call:**  
North County 805-925-3010  
South County 805-692-4979

### **Villa Caridad – Senior Housing**

Housing for low-income families and seniors  
4202 Calle Real, SB, 93110  
Phone: 805-683-4375

## **Transportation**

### **Casa Esperanza**

Resource coaches/social workers may have bus tokens.  
816 Cacique St, SB, 93103  
Phone: 805-884-8481

### **City of Lompoc Transit (C.O.L.T.)**

- ADA Curb-to-curb service available for persons with disabilities
- 10-ride & monthly bus passes. Discount passes for students, seniors. More Info at: <http://www.cityoflompoc.com/transit/colt.htm#info>  
Phone: 805-736-7666

## (Transportation Continued)

### Easy Lift Transportation

Dedicated to supporting the independence of individuals with special needs by providing safe transportation and related services. For more information on the Dial-A-Ride services visit [www.easylift.org](http://www.easylift.org)

Phone: 805-681-1181

### Free Easy Lift Transportation To County Campus For Medical And Social Services.

Easy Lift Van Schedule (SB) Easy Lift is a scheduled van service to transport people experiencing homelessness to and from county medical and social services. Van runs on the following weekdays: Monday through Fri from 8:30-11:45am.

#### Regular Schedule

First Run

8:30am – pick-up Salvation Army

8:35am – pick-up Faulding Hotel

8:40am – pick-up Rescue Mission

8:45am – pick-up Casa Esperanza

All riders dropped off approximately 9am at SB Heath Care Center

#### Second Run

9:25am – pick-up Salvation Army

9:30am - pick-up Faulding Hotel

9:35am - pick-up Rescue Mission

9:40am - pick-up Casa Esperanza

All riders dropped off approximately 10am at SB Heath Care Center

#### Third Run

10:25am – pick-up Salvation Army

10:30am - pick-up Faulding Hotel

10:35am - pick-up Rescue Mission

10:40am - pick-up Casa Esperanza

All riders dropped off approximately 11am at SB Health Care Center

Note: 11am is the last pick-up at the SB Health Care Center to do a drop off at Casa Esperanza, Faulding Hotel, Salvation Army, or the Rescue Mission.

### Greyhound

224 Chapala Street (entrance through Amtrak parking lot).

Phone: 805-965-7551

### SB MTD

- 10-ride and monthly bus passes, and discount passes for youth, seniors, Mobility Passes for disabled persons and Medicare card holders.

- If you have a Mobility pass, a one-way bus ride is 85 cents instead of \$1.75; and a month's unlimited pass is \$20.00. Identification and proof of disability are required. [www.sbmtd.gov/fares-and-passes/index.html](http://www.sbmtd.gov/fares-and-passes/index.html)

### Santa Maria Area Transit

- Daily and monthly bus passes
- Discounted passes for students, seniors, disabled persons, and Medicare card holders.

Phone: 805-928-5624

[www.cityofsantamaria.org/3075.shtml](http://www.cityofsantamaria.org/3075.shtml)

## Bus Rides Home or Elsewhere

### Casa Esperanza Homeless Center & Restorative Policing

Have assisted people to return home or go to another place under certain conditions

Casa: 816 Cacique St, SB, 93103

Phone: 805-884-8481

## Outpatient Services

### Alpha Resource Center

A broad spectrum of day services for adults, 22 years of age and older, with developmental disabilities.

4501 Cathedral Oaks Rd, SB, 93110

Phone: 805-683-2145

### CADA

Preventing and treating alcoholism and drug abuse. Programs include: Project Recovery, Perinatal Program and Project Recovery Detox. Assessment, crisis counseling and referral services.

232 E. Canon Perdido St., SB, 93101

Phone: 805-963-1434

### Coast Valley Substance Abuse Treatment Center

Provides substance abuse and co-occurring treatment. Adult and adolescent services including group counseling, individual counseling, family counseling, peer support groups, drug testing.

- Santa Maria: 1125 E Clark St, Ste. A2

Phone: 805-739-1512

- Lompoc: 133 North "F" St

Phone: 805-735-7525

### Fellowship Club

- Variety of classes/group discussions on mental illness (members only)

617 Garden St, SB, 93101

Phone: 805-884-1010

### PathPoint

Offers two programs for mental health support:

- Paths to Recovery
  - Residential Support Services
- See Page 3 for more information on programs and for contact information.

### Project PREMIE

Provides drug & alcohol outpatient treatment services for perinatal women & their children.

- Mon-Fri 8:30 am-4:30 pm

412 "B" E Tunnel St, SM, 93454

Phone: (805) 925-0315

### Phoenix House

- Outpatient and residential treatment program; dual diagnosis
- M-F 8:30am-5:30pm
- \*ADMHS referral for residential treatment

107 E. Michaelorena St., SB, 93101

Phone: 805-965-3434

### Project Recovery

- Outpatient program, group & individual counseling, acupuncture, perinatal, day/evening treatment, support groups.
- Sliding scale, MediCal and cash accepted.

133 E. Haley St., SB, 93101

Phone: 805-564-6057

### Recovery Point

Drug & alcohol outpatient treatment services.

- Mon-Fri 8:30 am-7:30 pm

245 E Inger Dr #103 B, SM, 93454

Phone: 805-346-8185

### Rescue Mission

Group and Individual Counseling

Urinary Testing before every group

Tues., Thurs 5:00 -6:15pm

-Contact Alana Chessmar

Phone: 805-966-1316 Ext.600

### Turning Point

Drug & alcohol treatment services for perinatal women and their children.

-Mon-Fri 8L30 am-4:30 pm

604 W Ocean Ave, Lompoc, 93436

Phone: 805-736-0357



## (Outpatient Continued)

### Sanctuary Psychiatric Center

Outpatient and residential treatment program.

- Dual diagnosis
- ADMHS referral for residential treatment

222 W. Valerio St., SB, 93101

Phone: 805-569-2785

### Jodi House

Supportive services, info, and programs in a nurturing environment to help brain injury survivors and their families recover and reconnect to their community.

Phone: 805-563-2882

625 Chapala St., SB, 93101

### Zona Seca

Counseling, intervention & prevention services for all people in need. Frequently referrals come from the court system.

26 W. Figueroa St., SB, 93101

Phone: 805-963-8961

## Residential Treatment

### Bethel House for Women

- One-year residential program for women. 60-day restriction upon entry. Christian 12 step. 24 women, No Charge, Bilingual, No work for 9 months.
- Apply online, must provide contact info. Return application to Bethel House or Rescue Mission

24 W. Arrellaga St., SB, 93101

Phone: 805-966-1316 x 800

### Casa Serena for Women

- Res. Treat - Women. Scholarships available

Main house \$2400/month-90 days

Oliver House \$1650/month-1 year (mothers and children)

Grad House \$900/month-9 months

1515 Bath St., SB, 93101

Phone: 805-966-1260

### Cottage Residential Center

Dept. setting, third party payment. Live-in program with ongoing aftercare for men and women. Detox (offered through the hospital), Medical care, Outpatient programs:

SB-38/PC1000

\$554/day- Private pay \$487.50

28 day program costs \$13,652

316 W. Montecito St., SB, 93101

Phone: 805-569-7422

### Rescue Mission –Men’s Recovery Program

12-month, faith-centered, 12-step social model program.

535 E. Yanonali St, SB, 93103

Phone: 805-966-1316

## Recovery -12 Step

### Alano Club

235 E. Cota St., SB, 93101

Phone: 805-962-5013

### Alcoholics Anonymous Central Office

1213 State St., H., SB, 93101

Toll Free Number: 1-888-267-1814

Phone: 805-962-3332

### Narcotics Anonymous 24-hr. Help Line

Phone: 805-569-1288

## Sober Living

### All Star Recovery

- 16 male beds
- \$175/week, \$700/Month

5018 Calle Real Rd., SB, 93111

Phone: 805-698-4889

### Cornerstone

- Rent \$606/month; \$150 Deposit; \$150/week

535 E. Yanonali Street, SB, 93101

Phone: 805-966-1316 Ext. 600

### Giving Tree

- Sober living home for women; 28 beds.
- Daily 12 step meetings required

\$700/month, \$150 deposit

327 E. Victoria St. Apt. C, SB, 93101

Phone: 805-617-9893

### Guydance House

- Sober living home for men; residents are required to attend at least 3 12-step meetings/wk.
- 12 step sponsor required. \$600/month, \$175 + deposit

1818 Bath St., SB, 93101

Phone: 805-896-6865

### Jennings Street House

- Women’s sober living; 14 beds (mild mental illness with medications allowed)
- Send application and letter of introduction. Must interview before acceptance (by phone or in person)
- \$100/deposit (non-refundable), \$600/month or \$150/week

832 Jennings St., SB, 93103

Phone: 805-965-2070

### New House II and III

- Sober living home for men.
- 12 step meeting & sponsor required. No minimum stay.
- \$210 per week (includes 3 meals a day)

2434 Bath St., SB, 93105

Phone: 805-563-6050

www.sbnewhouse.org

### Project PREMIE

Provides drug & alcohol outpatient treatment services for perinatal women & their children.

- Mon-Fri 8:30 am-4:30 pm

412 “B” E Tunnel St, SM, 93454

Phone: (805) 925-0315

### Stalwart Clean and Sober

- Dual Diagnosis residential facility for men
- \$620/month

1017 Olive St., SB, 93101

Phone: 805-965-4989

### Stalwart for Women

- \$150/Deposit, \$150/Week. (\$620/Month)

23 W Mission St., SB, 93101

Phone: 805-406-6708

### Stalwart for Men

- \$150/Deposit, \$620/month

1227 San Andreas, SB, 93101

Phone: 805- 421- 6131

### Villa Majella

- Program for pregnant women; 7 beds; classes in parenting, pregnancy, recovery; counseling services
- Clean and sober 30 days prior to entry into house.
- Call for appointment and interview. Fee: \$250/month, \$50 due at admission

604 N. Kellogg Ave., SB, 93111

Phone: 805-683-2838

## Housing

### Transitional Housing

Transitional Housing is a step between the streets and permanent housing. This list is not exhaustive but will give you an idea of the type of options.

### Casa Esperanza

816 Cacique St, SB, 93103

Phone: 805-979-8711

## (Transitional Housing Continued)

### Domestic Violence Solutions

For men, women and children who are survivors of domestic violence.

- Lompoc: 805- 736-0965
- Santa Barbara: 805-964-5245
- Santa Maria: 805-925-2160

### Good Samaritan Family Transitional Shelter

- Two-year program, fee is 30% of monthly income.
- Must have stable income and desire to work towards independence in a group setting.

401 W Morrison Ave, SM, 93458

Phone: 347-3338 ext. 107

### Hotel de Riviera

- Housing for dually diagnosed people (30 Single resident occupancy units for homeless individuals suffering from mental illness combined with alcohol and/or drug problems).
- Requires sobriety.
- 30% of income.

125 W. Carrillo St., SB, 93101

Phone: 805-963-6443

### Marks House Family Transitional Shelter

Families work with a case manager to develop money management, parenting, and budgeting skills. 19 bed family transitional shelter.

203 North N Street, Lompoc, 93436

Phone: 805-735-9980

### Recovery Way Home

Provides residential services for 6 months for perinatal women & their children ages 0-5 years old

604 W Ocean Ave, Lompoc, 93436

Phone: 805-736-0357

### The Salvation Army Hospitality House

- Long Term (up to 2-years), Sober, Transitional Living Program designed to assist single, homeless men and women.
- Program's overall objective is for resident to become self-sufficient, obtain/maintain secure income/employment and safe housing.
- Public Resources.

423 Chapala St, SB, 93101

Phone: 805-962-6281 ext 123

### Sarah House

- End-of-life care for low income individuals regardless of their ability to pay
- Houses patients with AIDS

2612 Modoc Rd. SB, 93105

Phone: 805-563-9990

### St. Vincents Family Strengthening Program

For women and children with a limited income

4200 Calle Real, SB, 93110

Phone: 805-683-6381

### Transitional Center for Women & Children

Provides residential services for 6 months for perinatal women & their children ages 0-5 years old.

412 E Tunnel St, SM, 93454

Phone: 805-925-0315

### Transition House

Offers temporary housing for families while they save money for permanent housing.

425 E. Cota St, SB, 93101

Phone: 805-966-9668

### WillBridge (Dual Diagnosis)

Transitional Housing \$775/month

904 W. Mission SB, 93101

Phone: 805-448-5547

## Permanent Housing

The first step to permanent housing is to complete applications with the following agencies:

### SB County Housing Authority (Goleta office)

Applications must be made online unless you apply for a disability accommodation.

5575 Armitos Ave, Goleta, 93117

Phone 805-967-3402, [www.hasbarco.org](http://www.hasbarco.org)

### SB City Housing Authority

Note: Be sure to ask for all applications for people who are experiencing homelessness

808 Laguna St, SB, 93101

Phone: 805-965-1071, [www.hacsb.org](http://www.hacsb.org)

### Peoples Self Help Housing

- Victoria Hotel (Supportive living) \$550/Month, \$550/Deposit

26 East Victoria St SB, CA 93101

Phone: 805- 962-5152 x 232

[www.pshhc.org](http://www.pshhc.org)

### SB Community Housing Corporation

- Affordable housing properties including the New Faulding.

11 E. Haley St, SB, 93101

Phone: 805-963-9644 [www.chcscb.com](http://www.chcscb.com)

### WillBridge (Dual Diagnosis)

- Permanent Housing, 6 Co-Ed units, 30% of income towards rent (18 E. Sola, SB, 93101)
- Permanent Housing, 8 Co-Ed units, must be employed, 30% of income towards rent (2904 State St # A, SB, 93105)

Phone: 805-448-5547

Note: Many applications are available online and can be printed out.

The second step, or a concurrent one, is to apply for a Section 8 housing voucher.

The Section 8 Housing Choice Voucher Program allows low-income households (voucher holders) to pay approximately one-third of their income in rent and utilities to participating housing providers. The remainder of the rent is paid through federal subsidies to the housing providers by HACSB. The waiting list is quite long but some priority may be given to:

- Chronically homeless individuals
- Veterans
- Seniors
- Vulnerable or disabled individuals

Santa Barbara City Section 8 Housing Program Inquiries Veronica Loza, [vloza@hacsb.org](mailto:vloza@hacsb.org)

## Veterans Services

“While the number of Veterans experiencing homelessness has been declining over the past three years, 67,000 former service men and women were homeless on a given night in 2011 as estimated by the VA. In general, Veterans have high rates of Post-Traumatic Stress Disorder, traumatic brain injury, and sexual trauma, which can lead to higher risk for homelessness. About half of homeless Veterans have serious mental illness and 70 percent have substance abuse problems. Veterans are more likely to live outdoors — unsheltered — and experience long-term, chronic homelessness.”

## (Veterans Services Continued)

### **National Call Center For Homeless Veterans**

If you need housing assistance, call the National Call Center for Homeless Veterans at 1-877-4AID-VET (1-877-424-3838). When you call:

- You will be connected to a trained VA responder.
- The responder will ask a few questions to assess your needs.
- If you're a Veteran, you may be connected with the Homeless Program point of contact at the nearest VA facility.
- Contact info will be requested so staff may follow up.

### **CA Department of Veterans' Affairs**

To find out about housing assistance programs available in your area or for a statewide directory of CA homeless service organizations  
Phone: 1-800-952-5626, 1-800-324-5966.

### **Disabled American Veterans (Chapter 37)**

Serving the Veterans of Santa Barbara  
Ellery Price, Commander/serv officer  
112 W. Cabrillo Blvd., SB  
Phone: 568-0020

### **Independent Living Resource Center**

Work with disabled veterans. Call for more information.  
Phone: 805-963-0595

### **New Begging's Supportive Service for Veteran Families**

Serving veterans and families of veterans in Santa Barbara.  
324 East Carrillo St, Suite C, SB  
Phone: (805) 963-7777 ext. 107.  
www.newbeginningscounselingcenter.org

### **Supportive Services for Veteran Families**

Funding for homeless prevention & rapid rehousing.  
Phone: 805-962-6281 ext. 115

### **SB VA Community-Based Outpatient Clinic**

Health care, mental health care  
Mon– Fri 8am – 4:30 pm.  
4440 Calle Real, SB, 93110  
Phone: 805-683-1491

### **SB County Veterans Service Office**

Help with all types of paperwork and referrals. Call first for appointment. VA Service Representative.  
315 Camino Del Remedio, SB, 93110  
Phone: 805-681-4500

### **The Salvation Army Hospitality House**

VA funded Grant Per Diem transitional housing beds.  
Phone: 805-962-6281 ext 123

### **VASH Program**

The HUD-Veterans Affairs Supportive Housing (HUD-VASH) program combines Housing Choice Voucher (HCV) rental assistance for homeless Veterans with case management and clinical services provided by the Department of Veterans Affairs (VA). VA provides these services for participating Veterans at VA medical centers (VAMCs) and community-based outreach clinics.  
Michael at michael.ulloa@va.gov or 805-705-0350

### **Veterans Administration Greater Los Angeles Healthcare System:**

The largest, most complex healthcare system within the Department of Veterans Affairs. It is one component of the VA Desert Pacific Healthcare Network offering services to veterans residing in Southern CA (including SB) and Southern Nevada.  
Phone: 310-478-3711  
11301 Wilshire Blvd, LA, 90073  
www.losangeles.va.gov

### **Veterans Repts, SB County**

**SM:** 511 E. Lakeside Parkway Rm. 126, Santa Maria, 93455  
Phone: 805-346-71601

**SB:** 315 Camino Del Remedio, Bldg. 2, Rm 251  
Santa Barbara, 93110  
Phone: 805-681-4500

**Lompoc:** 401 E. Cypress Ave  
Lompoc, 93436  
Phone: 805-737-7900

## **Social Security**

### **US. Social Security Admin. Office, SB**

355 Paseo Nuevo, SB  
Phone: 866-695-6285  
www.ssa.gov

Call the local Social Security Office to see if you are eligible to receive Social Security disability benefits if you are disabled, and to see about receiving your social security if you are 65 or older; in some cases you can receive early retirement benefits at age 62. Supplemental Security Income: SSI makes monthly payments to people who have low income and few resources and are: Age 65 or older; Blind; or Disabled.

Note: You can apply in person at the local office, online, or by a telephone appointment. If you would like help in applying, contact Casa Esperanza; if you are a patient of the CARES clinic, they will also assist you.

Eventually you will need proof of your Identity, but you can start your application before you have the documents listed here: The ID must be current (not expired) and show your name, identifying information (date of birth or age) and preferably a recent photograph. For example, as proof of identity Social Security must see:

- U.S. driver's license;
- State-issued no driver identification card; or
- U.S. passport.

If you do not have one of these specific documents or you cannot get a replacement for one of them within 10 days, we will ask to see other documents, including:

- Employee ID card;
- School ID card;
- Health insurance card (not a Medicare card); or
- U.S. military ID card.

### **Tips:**

- Get to know the person you are assisting so you can help communicate their experiences to the decision makers.
- Help street friend keep all required appointments.
- Turn all paperwork in on time.
- Continue seeing public health/mental health professionals.

### **What To Do If You Are Denied:**

If denied SSI/SSDI you should immediately contact a lawyer specializing in disability law to assist with the appeals process. If you do not appeal within the period of time you are given you will need to re-apply. If you have previously been denied but there has been a change in your physical or mental health conditions you may apply again.

### **Law Offices of Natasha Chamberlin**

Disability Law  
735 State St, # 512, SB, 93101  
Phone: 805-618-1600

### **Law Offices of Lisa Claudette Gilinger**

Disability Law  
635 N. Alisos Street, SB, 93103  
Phone: 805-568-5370

## (Social Security Continued)

### **SB County Bar Association Lawyer Referral Service**

Assists people in SB County who have legal problems and seek the advice of qualified attorneys.

15 W. Carrillo St, # 106, SB, 93101

Phone: 805-569-9400

### **Independent Living Resource Center**

Benefits specialist Carol Baizer Mon- Fri:

9am-12pm & 1-5pm

423 W. Victoria St., SB, 93101

Phone: 805-963-0595

### **Payee – Social Security's Representative Payment Program**

Financial management for Social Security and SSI payments of beneficiaries who are incapable of managing their payments.

Generally, family or friends serve in this capacity. When friends and family are not able to serve as payee, Social Security looks for qualified organizations to be a payee.

Phone: 805-403-8308

### **ProPay**

For Clients of ADMHS only

### **Public Guardian**

Referrals for conservatorship

105 E. Anapamu St, SB, 93101

Phone: 805-568-2790

### **The Bill Payers**

Phone: 805-985-3903

## **Children**

### **Day Care for Children**

#### **Storyteller**

Tuition-free early childhood education for homeless & at-risk children in SB County. Comprehensive support services for their families.

2115 State St (Admin office) SB, 93105

Phone: 805-682-9585

#### **Transition House Infant Care Center**

425 E. Cota St, SB, 93101

Phone: 805-730-3328

## **Support -Families With Children**

### **Story Teller Children's Center**

Early childhood education and comprehensive support services. Storyteller Children's Center helps homeless and at-risk families improve their lives.

- Childcare & Early Childhood Education
- Counseling/Family Support Services
- Case Management
- Parent Support Groups/Education Workshops
- Mental Health/Disability Services
- Disability Services
- Physical Health, Vision and Dental Screening
- Nutrition Services

2115 State St (Admin office) SB, 93105

Phone: 805-682-9585

### **Welfare (Temporary Assistance to Needy Families)**

The TANF program, which is time limited, assists families with children when parents or other responsible relatives cannot provide for the family's basic needs.

234 Camino Del Remedio, SB, 93110

Phone: 805-681-4401

### **Women, Infants & Children Program (WIC)**

WIC is a federally-funded health and nutrition program for women, infants, and children

234 Camino Del Remedio

Santa Barbara, CA 93110

Phone: 805-681-4401

## **Youth**

"Youth often leave home as a result of a severe family conflict which might include physical and/or sexual abuse. One quarter of former foster youth experience homelessness within four years of exiting foster care. Research shows a high prevalence of depression, suicide initiations, and other mental health disorders among youth who are homeless. Chronic physical health conditions are common as are high rates of substance abuse disorders. Many youth who become homeless have histories of academic difficulties including suspension and expulsion."

## **Youth and Family Services YMCA. Three programs:**

### **1. Noah's Anchorage Youth Crisis Shelter**

- Temporary shelter for youths ages 10-17
- Outreach to youths/young adults

301 W. Figueroa St, SB, 93101

Phone: 805-963-8775

### **2. Support and Outreach**

- Street Outreach and case management team for youth up to age 24
- Drop in center for 21 and under, youth ages 22-24 must call to schedule an appointment off-site

301 W. Figueroa St, SB, 93101

Phone: 805-963-8775

### **3. My Home**

Transitional living program for foster youth, ages 18-21

422 E. Cota Street Suite 101A, SB, 93101

Phone: 805-560-8250

### **SAFTY**

Safe Alternatives for Treatment of Youth (SAFTY) is a 24-hour 7-days-a-week crisis service that specializes in providing immediate response and support for individuals age 21 and younger. Operated by Casa Pacifica.

Phone: 1-888-334-2777

## **Vehicle; A Place To Sleep**

Note: It can be illegal to sleep in your vehicle on a public street in SB.

### **New Beginnings Safe Parking Program**

- A safe place to park your vehicle and sleep overnight legally
- Criteria: Current license, registration and insurance

324 E Carrillo St, C, SB, 93101

Phone: 805-963-7777, 805-845-8492, 805-637-6242



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### Guiding a Friend Through Housing

- 1) Complete a Vulnerability Index Survey – for more information, please e-mail [cgvolunteers@gmail.com](mailto:cgvolunteers@gmail.com) with the subject line: VI for Friend or call (805) 451-5604.
- 2) Go to [www.hasbarco.org](http://www.hasbarco.org) to complete the Santa Barbara County Housing Authority’s paperless housing application.
- 3) Go to [www.hacsb.org](http://www.hacsb.org) to complete the City of Santa Barbara Housing Authority’s paperless housing application.
- 4) Review the Common Ground Santa Barbara County Resource Guide for all other housing opportunities under the Housing section (p 9, 10).
- 5) Connect with other resources as appropriate. This may include Social Security, County Public Health, Youth Services, Veterans Services, County Mental Health, Recovery Community, etc.

*By navigating systems alongside friends, you can act as an advocate to ensure they receive the services they need.*

### Street Outreach

Common Ground Santa Barbara County is dedicated to training and providing resources to support ending homelessness in our county. You can support this work in many ways:

- 1) Join a Common Ground Santa Barbara County outreach team! For more information please visit our website [www.commongroundsb.org](http://www.commongroundsb.org)
- 2) Organize a sock, cereal bar, rain poncho, or toiletries drive. These items are invaluable when it comes to outreach.
- 3) Attend a volunteer training to learn best practices of outreach!
- 4) Volunteer with a non-profit or community action group that needs your help. You can learn more about these opportunities on our website: [www.commongroundsb.org](http://www.commongroundsb.org)

### Newly Housed Friends

Newly housed friends are experiencing a significant change in their lives. With housing comes a new environment, neighbors, and, for those chronically on the streets, a need to build new skills and create new social structures. This can be stressful, but you can help in many ways, here is how:

- 1) Participate in our Common Ground Santa Barbara County housing outreach programs. Visit with friends in housing in a laid-back environment. Offering a listening ear is often just what a friend needs.
- 2) If you are unable to attend the housing outreach, you can still contribute to our weekly housing meal shares. Disposable utensils, napkins, drinks, healthy food, and salads are a huge help as some people newly in housing have limited incomes.
- 3) Helping furnish an apartment with simple necessities is another great way to help a person feel more at home. New or gently used items are welcome as are basic household items: towels, pots, pans, dish soap, toiletry items, and

*To join a Common Ground Santa Barbara County Outreach or Housing Team or if you are interested in organizing a Sock & Supply Drive or contributing to one of our weekly Housing Meal Shares, please e-mail [cgvolunteers@gmail.com](mailto:cgvolunteers@gmail.com) or call (805) 451-5604*



The Common Ground Santa Barbara County volunteer effort is a special project of the Legal Aid Foundation of Santa Barbara County. The substance and findings of the work are dedicated to the public.

